

The Holy Rosary

How to pray the Rosary



*In the name of the Father and of the Son and of the Holy Spirit.
O God come to my aid;
O Lord, make haste to help me.
Glory be to the Father, and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now,
and ever shall be,
world without end. Amen.*



At the beginning of each decade, announce the "mystery" to be contemplated, for example, the first joyful mystery is "The Annunciation".

After a short pause for reflection, recite the "Our Father", ten "Hail Marys" and the "Glory be to the Father".

*An invocation may be added after each decade.
At the end of the Rosary, the Loreto Litany or some other Marian prayer is recited.*

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil. Amen.

Hail, Mary, full of grace, the Lord is with thee: blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Loreto Litanies

Hail, holy Queen, mother of mercy; hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Amen.

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